



Advanced Counseling
Rod Limb M.Ed., LCPC, LMFT
2176 E. Franklin Rd. Suite 100
Meridian, ID 83642
Phone: 208 887-6283

Client Disclosure – Abbreviated. **Full Disclosure is available at www.RodLimb.com or by request.**

I am pleased you have chosen me as your counselor. When you sign my intake paper work and initial the receipt of this document, it will represent an agreement between us. Please read it carefully and jot down any questions you might have so that we can discuss them at our next meeting.

First of all, I wish to reassure you that I am personally and professionally committed to protecting your privacy. I realize that therapy can only take place in a setting in which everyone feels secure in the knowledge that his or her thoughts and feelings will remain protected and secure within the confines of the therapy office. While you are in my office you will have my full attention to assist you in progressing and achieving your goals.

Sessions are generally 38-52 minutes long – This is considered a “Therapeutic Hour” which allows me time to complete paper work and return phone calls or have a personal break before I begin my next session.

I am a Licensed Clinical Professional Counselor (LCPC) and Licensed Marriage and Family Therapist (LMFT) by the Idaho Board of Examiners for Licensed Professionals. Only Licensed Mental Health Professionals may provide counseling services in Idaho. I have been a Professional Counselor since 1993.

While some issues you bring may need only a few counseling sessions to resolve, others may require months or even years of counseling. Most relationships are improved with as little as 5-10 sessions while others require more work for desired results. Where complicated grief issues or addiction or childhood trauma is involved 6 months of treatment to 2 years of periodic tune ups is recommended.

I have worked with spiritual/religious leaders as well as many individuals from various life orientations and life views. It may or may not be important for you to know I personally consider myself a Christian. I am active in my religious community. There was a time I studied some and aspired to become a Chaplain having served in the Army for several years as a combat soldier; instead I became a Counselor. Having interest and a limited study in world religions and cultures I consider myself open to discussing anyone’s personal beliefs for your values clarification. I invite you to include your own spiritual beliefs though that is entirely up to you and by no means any requirement. It has been my experience and research shows one’s spiritual beliefs can be a vital factor in an individual's strategies for resolving life issues.

My goal as your Counselor is to help you grow and progress toward a safer, happier and more productive life. I will keep confidential anything you say to me with the following general exceptions: you authorize me to tell someone else, I determine you are a danger to yourself or others, or I am ordered by a court to disclose information.

So that I may better serve you; I will consult with and enlist the help of others to help you and others be safe. In the unfortunate event I have found sufficient cause for me to report abuse or neglect I will do so under the following circumstances which by my licensing, I am mandated to do.

- Abuse or Neglect of Children, Older Adults, Disabled adults
- Danger to Self
- Danger to Others
- Fatal, Communicable Disease

My Counseling Orientation and approach is known as “Integrative.” This means my approach is a mix of more than one counseling orientation. My main style is heavily influence by: Adlerian, Cognitive and Brief Focused Therapy, and some extensive hypnotherapy training. I also employ many different tools with my work as may be helpful with a majority of use of Emotional Focused Therapy (EFT) and Emotional Freedom Technique (also known as EFT), and EVOX which is new technology from Zyto Company

Your file and our Client/Counselor relationship will be considered closed three months after our last appointment.

In any event you are dissatisfied with my services for any reason, please let me know.

Contact me; leave me a message or a text. 208-887-6283 or email me at rod@rodlimb.com

Your client rights (and responsibilities) include refusing treatment if not desired, participating in treatment decisions, and to seek a second opinion if you feel you are not getting the help you need.

I do all within my power to correct any error. In the unlikely event you feel I have not been able to satisfy your concerns and you have contacted my staff, you may report or file your complaints to the state of Idaho Licensing Board of Examiners without retaliation.

Idaho Bureau of Occupational Licenses

Physical Address: 700 West State Street, Boise, ID 83702

Mailing Address: PO Box 83720, Boise, Idaho 83720-0063

If you contact the IBOL, you must reference my license registration number and write out your question(s) or complaint completely before you make contact. The individual board web pages contain licensure, renewal, and process information that may answer many of your questions.

E-mail - ibol@ibol.idaho.gov Fax - (208) 334-3945 Phone - (208) 334-3233

I hold license number LCPC 344, and LMFT 28